




LE NATURSPA 
des Ranchisses

Fitness ✦ Wellbeing ✦ Beauty



Domaine ★★★★★
Les Ranchisses

2019 Treatment Menu





NATURSPA des Ranchisses



A WONDERFUL place



NaturSpa Escape...

NaturSpa des Ranchisses has been designed to allow you to escape and let go of the tensions of everyday life.

In a green setting far from the beaten track, NaturSpa des Ranchisses is the ideal place to relax. Succumb to relaxation and harmony.

Our team of professionals has selected Phyt's and O.P.I. cosmetics ranges especially for you - products that you can buy in our shop to prolong your pleasure.

Our selected brands: in the treatment booth & on sale in our shop

● Nail varnish

O·P·I

Since their creation, O.P.I. products have combined high-performance technology with a strong sense of colour.

O.P.I. offers ultra-shine nail varnish with exceptional hold.

Drawing upon its creativity and technical expertise, O.P.I makes nails into a real fashion accessory.

● Body and facial treatments



For over 45 years, Phyt's has been pursuing its path alongside aestheticians, offering them targeted treatment products and protocols with a high level of technicality and efficiency.

Our Phyt's laboratory-trained Naturo-Aesthetician® will provide you with the best that nature has to offer through treatments in perfect harmony with your skin and desires.

Naturo-Aesthetics®: a treatment philosophy embracing nature and health to delight your skin...



NATURSPA TRANQUILITY

Packages for your pleasure

Express du midi Package

€ 65 per person

Time to relax:

- **Ardoise Menu**
at L'Auberge (drinks not included)
- **Express facial treatment**
or 30-minute massage
- **Access to the Spa**

ZEN Package

€ 142 per person

Harmony for body and mind:

- **30-minute head massage**
- **55-minute Californian massage**
- **30-minute foot reflexology**
- **Access to the Spa**

DUO BAIN Package

€ 180 for 2 people, € 94 per person

A full package to enjoy as a couple:

- **20-minute bathing ritual**
- **Californian massage (55-minute)**
- **Access to the Spa**

Duo Toi & Moi Package

€ 208 for 2 people

Relaxation and gastronomy to enjoy as a couple:

- **Tasting Menu at L'Auberge**
food and wine pairing
- **55-minute Californian massage**
- **Access to the Spa** (evening visit possible:
6-8pm)

ALL-INCLUSIVE PACKAGES

Relaxing getaways

2 days
1 night

Wellbeing Stay

from € 148 per person*

Escape for a break to enjoy some peace and serenity...

Your stay includes:

- **Cottage accommodation** Bedding provided
- **Breakfast**
- **Tasting Menu at the restaurant**
(food and wine pairing)
- **55-minute Californian massage**
- **Access to the Spa**
- **Access to the Balneotherapy area**
for total relaxation

3 days
2 nights

Romantic Stay

from € 208 per person*

Treat yourself to a romantic getaway for two...

Your stay includes:

- **Cottage accommodation** Bedding provided
- **2 Breakfasts**
- **1 Tasting Menu at the restaurant**
(food and wine pairing)
- **1 express meal**
- **30-minute massage as a couple** with a bathing ritual & complementary glass of champagne
- **access to the Spa**
- **Access to the Balneotherapy area**
for total relaxation

*Price per person based on a minimum of 2 people. No booking fees, except for tourist tax and eco-contribution. Rates vary depending on booking period.

Body freedom massages



Body freedom massages

The essentials 30 minutes

30 min.
€ 42

● Californian

Give yourself a little treat - real pleasure and relaxation.

● SPORTS

A revitalising massage to restore body tone and vitality - ideal for recovering after a long trip or exercise session.

● Light legs and feet

(with presso-therapy boots)
An invigorating and draining circulatory massage acting upon blood and lymphatic circulation to restore lightness and vitality.

● Head

For a feeling of physical and mental relaxation.

● Foot reflexology

Pressure on the reflex zones of the foot to regulate the body's energy flow, improve blood circulation and reduce stress and tension.

● Chinese energy

(Oil-free massage).

A deep body massage that works on a muscular, physiological and emotional level.
Relieves tension, pain and blockages to revive your energy.



The intensens 55 minutes and more

● Sports € 66 / 55 min.

A toning and stimulating massage to promote recovery from physical fatigue.

● Chinese energy € 66 / 55 min.


(Oil-free massage).

A deep body massage that works on a muscular, physiological and emotional level.
Relieves tension, pain and blockages to revive your energy.

● Californian € 66 / 55 min. or € 84 / 70 min.

This relaxing massage relieves tension, restoring energy and a feeling of calm.

● Oriental candle € 77 / 55 min.

 This massage is performed on the entire body. It is known for its ability to relax muscles and to remove stress from everyday life.

● Akwaterra € 77 / 55 min.

This relaxing massage relieves tension, restoring energy and a feeling of calm using Akwaterra spheres. These can be applied hot or cold according to your needs.
The Akwaterra concept contributes to improving blood circulation, draining toxins and relieving muscular tension.



Sphères de massage Akwaterra


● Lomi-lomi € 71 / 55 min. or € 90 / 70 min.

Hawaiian massage applied with the hands and forearms to relieve both physical and emotional tension, allowing you to refocus on yourself, especially when confronted with big changes in your life.

● Ayurvedic abhyanga € 110 / 85 min.

This massage draws upon an Indian technique, allowing you to take a break, eliminate stress and rebalance your body's energies.

● The Ranchisses € 71 / 55 min. or € 90 / 70 min.

 Mix of relaxing maneuvers from Californian, Oriental and Ayurvedic massages! Signature of the Ranchisses.



SMALL PLEASURES

Rituals and getaways...



Enjoy ...Relaxation

- Body scrub € 36 / 30 min.
your choice of scents followed by hydration.
- Bathing ritual
your choice of scents.
1 person € 30 / 20 min

Time for... SPA

(adults and accompanied 16 to 18 year-olds only)

Sauna, steam room, ice fountain,
jet shower

- Balneo pool, fitness room
- Jacuzzi
- Possibility of dining on site

without treatment € 20
with treatment € 8
10 visit pass* € 150

*pass for 10 visits (without the care) + 1 free; valid for 2 years.

Getaways Wellbeing

- Energising getaway € 80 / 75 min.
Refreshing body ritual using a sugar and orange
zest scented scrub followed by a relaxing
massage.
- Gourmet getaway € 89 / 75 min.
Body ritual with notes of sweet and exotic
flavours for a sensory break followed by a warm
oil and Akwaterra massage for deep relaxation.
- Secret getaway € 140 / 120 min.
A complete face and body ritual for a real
moment of relaxation comprising a targeted
facial treatment, a delicious body scrub with the
scent of your choice and a warm oil massage.

SHARED PLEASURES

Gifts and exceptional experiences...

Exceptional Experiences

Private SPA booking

- 2 hr 30 for a maximum of 10 people € 260 •

An exceptional experience for a birthday,
stag or hen do... NaturSpa des Ranchisses
offers you the chance to reserve its whole
Spa area for 2 hours 30 minutes (including
changing time).

Includes private use of hot tub, sauna, steam
room, jet showers and ice fountain.

- All information at the NaturSpa reception •

Surprise gift for the VIP !

We also offer you the opportunity to make
up your own tailor-made Luxury Package
according to your needs.

The joy of Giving!

Gift card

- Amount / treatment of your
choice •

A prestigious "Gift Card" to treat
someone special to a relaxation
and wellbeing session!





Facial treatment, complementary skin diagnosis

● Express Facial € 45 / 30 min.

Cleaning, exfoliation and mask followed by a moisturising treatment specially adapted to your skin.

● SensiPhyt's Treatment € 50 / 45 min.

Strengthens the skin barrier, soothes and rehydrates, bringing comfort and suppleness to the most sensitive skin.

● Purifying Balance Treatment € 50 / 60 min.

Designed to purify and protect normal to oily skin with a cocktail of purifying and astringent active ingredients.

● Vital Energy Oxygenating Treatment € 55 / 50 min.

Revitalises dull, tired skin, recharging your batteries using fresh scents and precious active ingredients. Your skin will breathe and your complexion glow.

● AquaPhyt's Moisturising Treatment € 67 / 75 min.

This moisturising treatment is a real hydration delight for dry or normal to combination skin.

● AquaPhyt's Moisturising Treatment € 75 / 90 min.

A real toning and anti-ageing treatment to give your skin a new lease of life. Your features will be smoothed and your skin rejuvenated.



€ 5 ++ Option All our facial treatments can be adapted using Akwaterra spheres, preparing the skin for optimal use of the cosmetic range of your choice, promoting cell regeneration and stimulating micro-circulation to leave your skin hydrated and glowing.

Hand and foot treatment

● NaturSpa Express € 25 / 30 min.

The ideal beauty overhaul for busy people:

- Nail filing
- Cuticle work
- Nail varnish

● NaturSpa Relax € 35 / 45 min.

A comprehensive treatment:

- Nail filing
- Cuticle work
- Gentle scrub
- Massage and nail varnish

● NaturSpa prestige € 45 / 1h

A comprehensive prestige treatment:

- Nail filing
- Cuticle work
- Gentle scrub
- Moisturising mask
- Massage and nail varnish

● NaturSpa Callus peeling € 38 / 30 min.

Callus peeling is a professional beauty treatment for the feet. It completely eliminates calluses and cracks without the use of blades or polishing heads.

- Optional foot massage: € 8 / 10 min.



- Semi-permanent varnish option: + € 10
- French polish option: + € 10
- Semi-permanent removal: € 8 (free removal with reapplication)

Targeted treatments

PHYT'S

O·P·I

TOOFRUIT
Les soins pour enfants



Specific treatments

for men

- **Phyt's men's facial:** € 57 / 60 min.
Specially designed for male skin. Purifies, oxygenates, balances and energises.
- **Package for him:** € 105 / 85 min.
A detoxifying, toning and revitalising package comprising :
 - 55 min relaxing massage
 - 30 min intensive facial treatment

● Hair removal:

Nose or ears	€ 5
Armpits	€ 13
Chest or back	€ 20
Chest and back	€ 35

Specific treatments

for young customers

Especially for 6 to 12 year olds



- **Mini beauty**

Hands	€ 15 / 15 min.
Feet	€ 15 / 15 min.
Hands + feet	€ 25 / 20 min.

Hand or foot beauty treatment with nail filing and nail varnish application.
- **Angel Face** € 38 / 30 min.
Gentle cleansing, hot oshiboris, moisturizing mask and application of a moisturizer.

● In the land of dreams € 30 / 20 min.

Gentle effleurages adapted to children (back).

For 13 to 16 year olds

- **Mini facial** € 38 / 40 min.
Natural purifying facial treatment specially adapted to young skin for a feeling of freshness and radiance.

- **Relaxation modeling** € 45 / 40min.
- Relaxing massage for our teenagers.

Essentials

● Get the look

Eyelash colouring	€ 15
Eyebrow colouring	€ 13
Eyelash & brow colouring	€ 21
Eyelash boosting	€ 30

● Hair removal*

Face	€ 19
Lips or chin	€ 8
Eyebrows	€ 10
Armpits	€ 13
Arms	€ 16
½ leg	€ 19
Full leg	€ 25
Bikini line	€ 15
Bikini extended	€ 21
Brazilian	€ 26

* 3 or more areas: - 10%



Opening hours and Organisation

The opening hours are set out on the back of the leaflet. In the event that all our practitioners are busy delivering treatments, the centre will be temporarily closed and you will be directed to the campsite reception for any information.

For NaturSpa packages, we would advise you to arrive at least 15 minutes before the beginning of your treatment session, leaving plenty of time for us to get you ready.

Please ensure that you arrive on time so that we can organise your session as effectively as possible. If you arrive late, your treatment will have to be shortened so as not to penalise the next customer. The price of your treatment cannot be changed in such an event.

Practical information

Please bring a bathing suit, pool sliders and a bath towel. A skin allergy test will be performed before your first eyelash colour. We advise you to avoid exposure to U.V. light for 24 hours following hair removal.

We advise you not to have a hair removal treatment at the same time as another body treatment.

Safety and Hygiene

NaturSpa's management and staff cannot be held liable in the event of any issues arising due to circumstances of force majeure caused by a third party, improper performance of the contract attributable to the customer or a non-reported medical problem. Naturspa des Ranchisses' qualified staff are at your disposal to answer any questions on safety and hygiene.

Mandatory Regulations

16 to 18 year-olds are welcome but must be accompanied by an adult. The management cannot be held responsible in the event of theft or loss of items. Lockers are at your disposal.

Please return any borrowed items before leaving NaturSpa (towel and bathrobe).

NaturSpa Philosophy

Our treatments are non-medical, intended for relaxation and non-therapeutic purposes.

We invite you to relax – please help us to promote a calm and respectful environment.

We offer everyone the possibility of taking charge of their own wellbeing.

Please note that, depending on your circumstances, some treatments may be discouraged and we may suggest another treatment for you.

DOMAINE DES RANCHISSES

Our vision of wellbeing:



Absolute Happiness!

NATURSPA
des Ranchisses



Véronique, Philippe and their team are happy to share their vision of wellbeing with you.

NaturSpa des Ranchisses offers you a Premium setting in which to enjoy treatments provided by our team of professionals.

LES MAS
des Ranchisses



We also have quality accommodation to suit your needs: three luxurious villas open for pleasurable holidays all year round.

- Le Mas de Jeanne (18 people)
- La Maison d'Hermine (6 people)
- Le Mas d'Alice (16 people).

CAMPING
des Ranchisses



Our five-star campsite, extending over seven hectares along the river, offers pitches and rentals: it will satisfy the whole family thanks to its water park and outdoor activities.

AUBERGE
des Ranchisses



Visit L'Auberge or La Brasérade to prolong your Wellbeing experience.

Local specialties, grilled meats and salads "Made in Ardèche" by our qualified staff.

FERME
des Ranchisses



We have several reception rooms on the estate, all with their own distinct character, to meet your every need when it comes to organising ceremonies, meetings, events, seminars, etc.

Let's keep in touch!



sunelia.domainelesranchisses



Camping Sunélia -
Domaine Les Ranchisses



Opening Period
 - 13 April
 - 22 Sept.



LE NATURSPA

des Ranchisses



Opening Hours

10am - 7pm	From Monday to Friday and Sunday
10am - 8pm	Saturday

Exceptional opening : ▶ 01/07/2019 to 31/08/2019

10am - 8pm	Wednesday and Saturday
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Office open all year round for information and Gift Card sales.



Domaine *****
 Les Ranchisses



Rendez-vous :
 04 75 88 31 97
 reception@lesranchisses.fr

www.lesranchisses.fr - Route de rocher, 07110 Largentière